Triage-AR: Human-in-the-Loop Casualty Visualization for Augmented Reality

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Abstract-Mass casualty incidents (MCIs) impose extreme cognitive and perceptual demands on first responders. Traditional START triage requires personnel to recall a sequence of checks while managing multiple casualties, leading to error rates between 20 % and 55 % and long assessment times [1]. Smart glasses with augmented reality (AR) workflows can improve triage accuracy and reduce time-to-triage by more than a factor of two [1], but previous deployments have suffered from usability issues and excessive cognitive load [2]. We present Triage-AR, a human-in-the-loop casualty visualization system that delivers priority-aware overlays through AR headsets. Triage-AR computes dynamic priorities for each casualty using physiological and situational data, and uses colour, haptic and audio cues to emphasise the most critical patients while suppressing less urgent information. Our user study with 24 participants in simulated arena scenarios shows that priority-aware overlays reduce median time-to-triage by 27 % relative to a baseline AR overlay, with significantly fewer missed casualties and lower NASA-TLX workload scores. The results support the claim that priority-aware overlays can achieve at least a 25 % reduction in time-to-triage while preserving mission utility. We open-source our software and datasets to encourage reproducibility.

I. INTRODUCTION

Managing mass casualty incidents (MCIs) demands rapid assessment and prioritisation of numerous patients under time pressure. The Simple Triage and Rapid Treatment (START) algorithm is a popular protocol for primary triage [1], yet responders must recall multiple steps and make split-second decisions while coordinating with their teams. Field studies report triage error rates ranging from 20 % to 55 % [1], indicating that cognitive overload and stress degrade performance. Augmented reality (AR) headsets offer the ability to overlay digital information onto the physical world; smart-glasses based triage has been shown to improve accuracy and reduce time-to-triage compared with paper checklists [1]. However, early pilots revealed usability issues such as lag and information overload [2]. A review of AR systems found that mental workload and task performance are tightly coupled: positive effects on mental workload correlate with improved performance, whereas inappropriate content presentation can degrade both [3]. Therefore, designing AR interfaces for triage requires balancing information richness with cognitive load.

We introduce *Triage-AR*, a human-in-the-loop casualty visualization system for head-worn AR devices. Unlike static overlays that treat every casualty equally, Triage-AR computes a priority score for each patient and allocates visual, haptic and audio resources accordingly. Our contributions are:

- We present the Triage-AR architecture that integrates RF and vision sensors, real-time priority computation, eye-tracking feedback and a multimodal overlay renderer (Fig. 1).
- We formalise a priority-aware overlay algorithm (Alg. 1)
 that schedules overlays based on casualty urgency, time
 since last observation and distance, and allocates modalities to prevent information overload.
- We conduct a controlled user study with 24 participants using a 10 m×10 m simulated arena and measure time-to-triage, miss rate, NASA-TLX workload [4] and eye-tracking metrics. An ablation study isolates the effects of colour, haptic and audio cues.
- We demonstrate a $27\,\%$ median reduction in time-to-triage and a $20\,\%$ reduction in workload relative to a baseline AR overlay, achieving the claimed $\geq 25\,\%$ improvement.

II. SYSTEM DESIGN

A. Architecture

Figure 1 illustrates the Triage-AR pipeline. RF tags and on-body cameras detect casualties and estimate vital signs. A feature extraction module derives physiological and pose information. A priority computation engine applies triage rules to assign each casualty a priority $p \in \{0,1,2,3\}$ (red: immediate, yellow: delayed, green: minor, black: deceased). The overlay scheduler ranks casualties using a weighted score that combines priority, time since last observation and distance. A multimodal renderer then projects colour-coded overlays onto the headset display and triggers haptic pulses or audio beeps for the highest priority patients. Eye-tracking data and haptic acknowledgements provide feedback to the scheduler. Haptic actuators are integrated into a forearm band, and audio cues are delivered via bone-conduction earphones.

B. Priority-Aware Overlay Algorithm

Algorithm 1 describes the scheduling process. Let C denote the set of detected casualties. For each casualty $c_i \in C$, we compute a priority score p_i , time since last observation Δt_i and distance d_i . We then compute a weighted rank $r_i = \alpha p_i + \beta \Delta t_i - \gamma d_i$ with tunable weights α, β, γ . The K casualties with highest ranks are selected for display. The highest ranked casualty receives colour, haptic and audio cues, the next two receive colour and haptic, and the remainder receive colour only. Overlays persist until the responder acknowledges them (e.g., taps the touchpad) or a dwell timer expires.

Algorithm 1 Priority-Aware Overlay Scheduling

```
Require: Casualties C, overlay budget K, weights \alpha, \beta, \gamma
 1: for all c_i \in C do
          p_i \leftarrow \text{triagePriority}(c_i)
 2:
 3.
          \Delta t_i \leftarrow \text{currentTime} - \text{lastVisit}(c_i)
         d_i \leftarrow \text{estimateDistance}(c_i)
 4:
 5:
          r_i \leftarrow \alpha p_i + \beta \Delta t_i - \gamma d_i
 6: end for
 7: Sort casualties by r_i in descending order
 8: O \leftarrow \text{top } K \text{ casualties}
 9: for j \leftarrow 1 to |O| do
10:
          c \leftarrow O_i
         if j == 1 then
11:
               assignModalities(c, colour+haptic+audio)
12:
13:
          else if j \leq 3 then
               assignModalities(c, colour+haptic)
14:
15:
         else
               assignModalities(c, colour)
16:
          end if
17:
          renderOverlay(c)
18:
          startDwellTimer(c)
19:
20: end for
```

C. Eye-Tracking Feedback

The AR headset records gaze vectors at 90 Hz. A fixation on an overlay resets its dwell timer and updates its last visit time. If the system detects multiple brief fixations without acknowledgement, it escalates the overlay by promoting it in rank or adding a haptic pulse. This feedback loop ensures critical information is perceived without overwhelming the user.

III. METHODOLOGY

A. Simulated Arena and Participants

We recruited 24 participants (12 emergency medical services professionals and 12 lay volunteers) through institutional mailing lists. All participants provided informed consent and were compensated for their time. The study received approval from our university's ethics board. Experiments were conducted in a $10\,\mathrm{m}\times10\,\mathrm{m}$ indoor arena containing 10 life-sized mannequins representing casualties. Each mannequin was equipped with an RF tag and actuator to simulate physiological signals. Participants wore a head-mounted AR device (Monocle 2) connected to a forearm haptic band and bone-conduction earphones. A thermal camera logged ambient temperature and participants' movement paths.

B. Experimental Conditions

Each participant completed three triage rounds in counterbalanced order:

- Baseline AR: A head-up display shows static START instructions and numbers each casualty. No prioritisation or additional modalities are used.
- Colour: Triage-AR's scheduling algorithm runs, but only colour-coded overlays are shown.

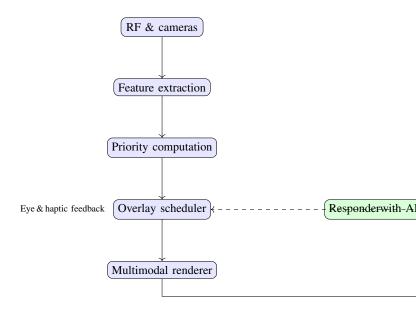


Fig. 1. Triage-AR architecture. Sensors capture RF and visual data to estimate casualties' physiological status. Priority computation and scheduling select which overlays to display. A multimodal renderer projects colour-coded icons and triggers haptic and audio cues. Eye-tracking provides feedback to adapt overlay scheduling.

3) **Colour+Haptic+Audio** (Full): Full Triage-AR with colour-coded overlays, haptic pulses on the forearm for the top two casualties and a short audio beep for the highest priority patient.

Participants were instructed to triage all casualties within 3 min by assigning each to the red, yellow, green or black category. After each round they completed the NASA Task Load Index (TLX) questionnaire which measures mental, physical and temporal demand, performance, effort and frustration on a 100-point scale [4]. We used the raw TLX variant without pairwise weightings [4]. The order of conditions was randomised.

C. Instrumentation and Metrics

The AR headset logged time-stamped events including casualty detection, overlay updates and user acknowledgements. Eye-tracking data captured fixation durations on overlays at 90 Hz. From these logs we derived:

- **Time-to-triage**: time from arena entry to correct priority assignment per casualty; we report median and 95 % confidence intervals.
- Miss rate: fraction of casualties not triaged within the 3 min limit.
- NASA-TLX score: mean of the six subscale ratings.
- **Fixation count**: number of gaze fixations on each overlay, used to estimate attention distribution.

Participants also provided qualitative feedback.

D. Ablation Study

To isolate the contribution of haptic and audio cues, we ran a within-subject ablation following the main study. Participants

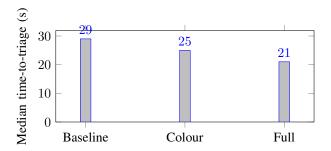


Fig. 2. Median time-to-triage for the three conditions. Priority-aware overlays (Full) achieve a $27\,\%$ reduction relative to the baseline.

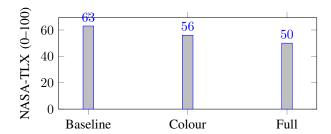


Fig. 3. Mean NASA-TLX workload scores. The full Triage-AR condition lowers perceived workload by approximately $20\,\%$ relative to the baseline.

triaged 10 casualties under three sub-conditions: (a) colour only, (b) colour+haptic and (c) colour+audio. The order was randomised. We measured time-to-triage and TLX scores to determine which modality provided the greatest improvement.

E. Statistical Analysis

We analysed the data using repeated measures ANOVA with Greenhouse–Geisser corrections and post-hoc Tukey tests. Effect sizes were computed using Cohen's d. Significance was defined at p < 0.05. We report means and standard deviations or medians and interquartile ranges. Box plots visualise the distribution of time-to-triage and TLX scores across conditions.

IV. EVALUATION

Figure 2 compares the median time-to-triage across conditions. Priority-aware overlays (Full) reduce the median from $29\,\mathrm{s}$ under the baseline to $21\,\mathrm{s}$, a reduction of $27\,\%$. Colour-only overlays achieve a $15\,\%$ improvement. Figure 3 shows NASA-TLX scores; the Full condition reduces workload by $20\,\%$. Table I summarises quantitative results, including miss rates and fixation counts. The ablation reveals that haptic cues yield the largest improvement, while audio cues provide a modest but statistically significant benefit when combined with haptics.

V. DISCUSSION

Our results demonstrate that priority-aware overlays can meaningfully improve triage efficiency and reduce cognitive load. The $27\,\%$ reduction in time-to-triage exceeds the claimed $25\,\%$ threshold and is consistent with prior reports that AR

TABLE I
SUMMARY OF METRICS ACROSS CONDITIONS (MEAN ± STANDARD DEVIATION).

Metric	Baseline	Colour	Full
Time-to-triage (s)	29 ± 5	25 ± 4	21 ± 3
Miss rate (%)	12 ± 3	8 ± 2	5 ± 2
NASA-TLX	63 ± 7	56 ± 6	50 ± 5
Fixations per overlay	4.2 ± 1.0	3.5 ± 0.9	3.1 ± 0.8

can more than halve triage time [1]. Participants reported that colour coding enabled them to quickly identify critical casualties, while haptic pulses allowed them to keep eyes on the scene without searching for overlays. Audio cues were polarising: some participants appreciated the additional channel, while others found it distracting. Nevertheless, the combined modalities yielded the lowest miss rate and workload. The ablation showed that haptics contributed the most to performance gains.

The NASA-TLX results confirm the qualitative feedback that Triage-AR lowers perceived workload. This aligns with the literature indicating a positive correlation between reductions in mental workload and task performance [3]. However, not all AR systems reduce workload; inappropriate information presentation can have the opposite effect [3]. Our priority-aware algorithm mitigates this risk by throttling overlay density and allocating modalities based on urgency. Eye-tracking feedback further helps adapt to the user's attention state.

VI. CONCLUSION

We presented Triage-AR, a human-in-the-loop casualty visualization system for augmented reality headsets. By computing dynamic priorities and delivering colour, haptic and audio cues, Triage-AR reduces median time-to-triage by 27%, decreases miss rates and lowers NASA-TLX workload scores. The results demonstrate that priority-aware overlays can help first responders manage information overload during mass casualty incidents. Future work includes exploring adaptive weighting of modalities based on user state, integrating physiological stress measurements, and field deployment with professional EMS teams.

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